



# GO ASK YOUR MAM...

YOU HEARD IT HERE FIRST...FEEDBACK FROM  
PARENTS OF PREVIOUS SAIL TRAINEES

**"SHE REALISED HOW  
INDEPENDENT SHE WAS"**

**"My first impression was that  
he was standing taller and just  
seemed more confident"**

**"..matured and taking more responsibility for  
day to day things"**

**CONFIDENCE • encourage them to apply •  
LIFE-SKILLS • Go for it • AMAZING EXPERIENCE •  
Teamwork • life-skills • New Friends •  
Self-motivation - CHANCE TO TRAVEL**

**"MUCH MORE  
CONFIDENT AND  
SUPER HAPPY,  
SHE'S A JOY TO  
BE WITH!"**

**"HE NOW REALISES THERE IS  
A HUGE WORLD OUT THERE  
TO BE DISCOVERED"**

**"Confidence to chat freely  
with anyone he meets"**

**"FANTASTIC  
MEMORIES"**

**"he is now considering at  
a career at sea"**

**"NOW SHE'LL TRY THINGS WITHOUT  
RELYING ON HER FRIENDS"**

**"I felt it really encouraged  
children from different  
backgrounds to get along  
together and learn from  
one another"**

**"A SENSE OF DUTY"**

**Serious adventure is  
usually very rewarding  
working as a team and  
pulling together produces  
amazing results!"**

**"A DIFFERENT VIEW OF THE WORLD"**

# "MORE PREPARED FOR UNIVERSITY"

"LET THEM DO IT, THEY GROW AS PEOPLE"

"I had no concerns, it was really well managed"

"SKIPPER AND HIS CREW WERE FANTASTIC"

"plenty of scope to allow the trainees to make decisions"

"Can't praise this scheme enough"

"Doing a variety of activities has helped him learn new skills that can be used day to day, both practical and social"

"A FANTASTIC EXPERIENCE FOR THEM IN SO MANY WAYS"

"MADE LOTS OF NEW FRIENDS ALL OVER THE WORLD"

"he overcame worries"

"LEARNING TO MIX"

"Adventure and discipline"

"Any initial doubts evaporated when we saw how much he got out of it"

