



PURPOSE

These notes are intended to give guidance for anyone completing an application form for Stage One & Two of Sail Training Shetland's 2024 scheme.

If successful in stage one, applicants will be offered a Taster Day Sail experience, from which some applicants will then be offered a placement in The Tall Ships Races 2024. These placements are being offered on the Roald Amundsen for Race 3 of The Tall Ships Races 2024, 24 July to 5 August 2024 (dates inclusive of travel).

WHAT IS SAIL TRAINING?

The following information is an extract from Sail Training International's website:

www.sailtraininginternational.org

"Sail training requires participants to confront many demanding challenges, both physical and emotional. It is an activity that inspires self-confidence and the acceptance of personal responsibility, promotes an acceptance of others whatever their social or cultural backgrounds, and develops a willingness to take controlled risks. For most who undertake sail training on Tall Ships it is a positive life-changing experience.

Sail training is an adventure activity for people of all ages and abilities. It includes instruction in all aspects of sailing, but its purpose goes far, far beyond this. Sail training uses the experience of being at sea principally to help people learn about themselves, discover hidden strengths and talents, and understand the value of working as a team. In some programmes today it forms the setting for much wider aspects of education at sea."

APPLICATION ELIGIBILITY

You must have an address in Shetland to apply.

Age Limits: Applicants must be aged between 15 years, on 27 June 2024, and 25 years, on 24th July 2024.

Applicants under the age of 18 must ensure their applications have the consent of a parent and/or guardian to confirm they are happy for their child to take part in any placements offered by Sail Training Shetland.

If selected, a more detailed consent will be requested, including details from the parent and/or guardian, for successful trainees who are under the age of 18 years old, before the voyage begins.

Applications from previous applicants and trainees are welcome.

Online submissions are being invited via www.sailtrainingshetland.com/apply-now

The closing date for applications is 5pm, **Friday 29 March 2024.**

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EXPERIENCES ON OFFER

STAGE 1 - TASTER DAY SAILS, SHETLAND ONBOARD SWAN.

Thursday 11 to Sunday 14 April

These day trips form part of our selection process for a Tall Ships Races placement. They offer just a small taste of a longer passage at sea, enabling you to learn about working a boat, including working sails, watch systems, taking the helm, and basic navigation.

There will be four different days of sailing available so we will ask you in your application form to select which day (s) you are available to attend.

There are no costs involved for taking part and if applications exceed available placements, we reserve the right to select participants for the Taster Day Sails.



Shetland's very own Tall Ship - Swan - is a Class B, Gaff Ketch. The vessel was launched in 1900 in Lerwick, originally built as a Fifie herring drifter. Swan has a 20.4 metre long, green wooden hull, the total length being 26.10 metres. Swan's homeport is Lerwick, Shetland and the vessel can carry 10 trainees and 5 crew.

Trainees will learn new skills and have had a good taster of what a trip on Swan/a tall ship would involve. Specific outcomes include:

- Teamwork
- Sails, and how they work
- Watch systems
- Taking the helm
- Food preparation and cleaning rotas
- Basic navigation

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Taster Day Sail Itinerary	
0900hrs	Arrive to Scalloway and embark Swan. Conduct safety briefings. Issue lifejackets, plus foul weather gear (if needed).
0945hrs	Slip lines and hoist sails. Sail Training Shetland committee member will give a talk during the morning sail.
1300hrs	Lunch will be supplied. Dietary requirements to be confirmed in advance. Former sail trainees will talk about their Tall Ships experience.
1700hrs	Return to berth. Tie up alongside. Trainees help clean and put the boat to bed. Final debriefs from the day with question-and-answer time. Trainees will be asked for their feedback on their trip.
1800hrs	Trainees disembark.

Immediately following the Taster Day Sails, Sail Training Shetland will select successful applicants to go onto Stage 2, being offered a Tall Ships Races placement to become trainee crew on a longer voyage.

STAGE 2 – THE TALL SHIPS RACES

After the excitement of the Tall Ships Races returning to Lerwick in 2023, we couldn't miss the chance to offer young people in Shetland the opportunity to travel even further afield! Participating in the internationally renowned festival, The Tall Ship Races 2024 will take in all the Baltic region has to offer. The legendary Tall Ships Races delivers international fun, friendship, action-packed racing, and festival experiences.

Information on the voyage you can take part in:

Race Three

[MARIEHAMN](#) - Åland Islands (Finland) | [SZCZECIN](#) - Poland

Wednesday 24 July to Monday 5 August (13 nights) onboard Roald Amundsen

Mariehamn is the capital city of the Åland Islands, located off the south west coast of Finland in the Baltic Sea. The city will be the fifth port of the Tall Ships Races 2024 and will welcome the fleet for a fantastic maritime event.

After participating in all the festivities in the port, you'll race south through the Baltic Sea to Szczecin, one of the largest cities in the north of Poland. It's known as Poland's "green city of ecology" and it's famous for its yachting. Being the final race of the event, it is sure to be an exciting one, and you'll be captivated by the thrill of the competition. Once you reach Poland, you and your fellow shipmates, now great friends too, will celebrate the end of the race with international crews on other vessels.

Roald Amundsen



Built in Germany in 1952, Roald Amundsen is just over 40 metres long! The vessel has 17 permanent crew and 31 trainee crew berths. German and English are the languages spoken onboard.

TRAVEL REQUIREMENTS

You **must** hold a passport for travel which is valid to at least 4 November 2024. If you do not have a valid passport, we are unable to accept your application. There will be immigration checks during the voyages and therefore it is essential applicants have a valid passport at the time of travel. Please [check your passport validity](#) prior to sending your application.

Successful applicants may be required to travel via ferry, flights, train and/or bus to meet their ship. Although it is likely trainees will be travelling as part of a small group, they will nonetheless need a degree of self-reliance during the trip. Trainees under the age of 18 years will be accompanied by someone over the age of 18 also participating in the voyage. Therefore, as travel will involve more complex connections, including an overnight stay in accommodation before embarking the vessel, applicants must be capable of independent travel.

Except for some minor transfers that cannot be booked in advance, all other costs of travel will be met by Sail Training Shetland. The bookings required for your voyage will be arranged in advance by Sail Training Shetland, including the logistics of getting to and from the ship, the ship placement and insurance. You will be provided with a comprehensive information pack containing an itinerary with tickets and given a full briefing before you leave where you will meet your fellow crew mates.

TRAVEL INSURANCE/HEALTH CARE ABROAD

Sail Training Shetland will provide comprehensive Tall Ships group insurance cover for all successful applicants. Details of the Policy will be provided with your information pack.

Please note, the Policy we offer may exclude treatment or cover for pre-existing medical conditions, so you will require to arrange your own Policy before you travel and provide us with evidence of cover.

You cannot use a GHIC or an existing EHIC for all medical cover. You will need travel insurance with healthcare cover.

ADDITIONAL SUPPORT NEEDS

Applications from anyone who meets the age criteria will be welcomed. You will be asked for details of any additional support needs, and this will not prejudice the consideration of any application.

All reasonable support will be given to aid trainees with additional support needs to take part in our scheme. It should be borne in mind however, that by its very nature, sail training can be a physically and emotionally demanding activity.

For placements onboard Swan, the ship is often accessed from ground level down a vertical pier ladder, and there are steep stairs to access the main saloon and toilets, you do need to be fit enough to descend a vertical ladder to access the boat and its facilities.

Applicants who may have difficulty with reading and writing are welcome to have their application scribed and sent by another person on their behalf.

COSTS AND FUNDRAISING

Every voyage costs around £1,750 per person but we heavily subsidise these fees. This means we only seek a contribution of **£350** towards the voyage. This can be paid in two £175 instalments if preferred but full payment must be received before bookings are completed.

If the level of personal contribution needed is a barrier to applying for a placement, please get in touch with us so we can discuss alternative ways to support your application.

All applicants will be expected to take part in any fundraising activities organised by Sail Training Shetland.

The cost of Race Entry Fees, ship bookings plus any travel and subsistence for taking part in the Tall Ships Races will be met through fundraising, sponsorship and grant funding attracted by Sail Training Shetland, plus personal contributions made by individual trainees. Any extra or occasional personal expenses other than those set out above will be the responsibility of the trainee.

AFTER YOU HAVE APPLIED

Sail Training Shetland will contact you after the closing date to advise if you have been placed on a Taster Day Sail. We are expecting a high level of interest this year, and placements are limited, therefore it may not be possible to offer spaces to everyone that applies. In which case we may need to arrange interviews to screen candidates that are not able to take part in a Taster Day Sail.

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Due to the extended travel required to participate in the Tall Ships Races voyage, favour may be given to applicants who are confident travelling independently.

We require to have several candidates on standby that could step in at short notice if other applicants pull out, and we may require to contact reserve candidates.

Immediately after the Taster Day Sails, a decision on the placements to be offered and reserve candidates will be made, and participants will be notified in writing of the outcome of their application. The committee of Sail Training Shetland reserves the right to decide the successful applicants and any ship or voyage they will be offered.

FURTHER INFORMATION

If you have any specific queries, please contact by email at sailtrshetland@gmail.com or call/WhatsApp 07798644638.

