

GUIDANCE NOTES

FOR 2022 SAIL TRAINING PLACEMENTS



Purpose

These notes are intended to give guidance for anyone completing an application form to apply for one of the taster day sails and 2022 summer sail training placements being offered by Sail Training Shetland.

Applications are invited from young people interested to take part in the Tall Ships Races 2022.

The process will result in giving applicants a Taster Day Sail experience, from which twenty young adults will be selected to take part in The Tall Ships Races 2022 and being offered a placement onboard Shetland's own sail training vessel Swan for this event.

During their participation in a sail training adventure, trainees will have full opportunity to take part in any events organised by guest harbours or host ports.

This is an opportunity for sail trainees to take part in the build up to The Tall Ships Races returning to Lerwick in 2023. Sail Training Shetland, The Swan Trust and Shetland Tall Ships Ltd are keen to develop community engagement in the lead up to the event, to generate interest for participation.

What is Sail Training?

The following information is an extract from Sail Training International's website www.sailtraininginternational.org

“Sail training requires participants to confront many demanding challenges, both physical and emotional. It is an activity that inspires self-confidence and the acceptance of personal responsibility, promotes an acceptance of others whatever their social or cultural backgrounds, and develops a willingness to take controlled risks. For most who undertake sail training on Tall Ships it is a positive life-changing experience.

Sail training is an adventure activity for people of all ages and abilities. It includes instruction in all aspects of sailing, but its purpose goes far, far beyond this. Sail training uses the experience of being at sea principally to help people learn about themselves, discover hidden strengths and talents, and understand the value of working as a team. In some programmes today it forms the setting for much wider aspects of education at sea.”

Age limits

Applicants must be between 15 and 25 years of age as at 3 July 2022, the earliest possible departure date from Shetland.

However, we will accept applications for those aged 14 years old to take part in the Taster Day Sails, with a view to encouraging interest in having an experience in 2023.

Applicants under the age of 18 years old must ensure their applications have the consent of a parent and/or guardian to confirm they are happy for their child to take part in any placements offered by Sail Training Shetland.

If selected, a more detailed consent will be needed, including details from the parent and/or guardian, for successful trainees who are under the age of 18 years old, before the voyage begins.

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Experiences on offer

Taster Day Sails

15 – 19 April

Trainees will learn new skills and have had a good taster of what a trip on *Swan*/a tall ship would involve. Specific outcomes include:

- Teamwork
- Sails, and how they work
- Watch systems
- Taking the helm
- Food preparation and cleaning rotas
- Basic navigation
- More about the Tall Ships Races and the importance of promoting 2023 now to encourage youth involvement
- Learn about opportunities to become a sail training ambassador for 2023

Daily itinerary	
0900hrs	Note: If needed, you may be asked to undertake a Covid-19 Lateral Flow Test at home in the morning and take a picture of your negative result to show the skipper. Start time to be confirmed once transport requirements are known. Carry out safety and, if required, Covid-19 briefings. Issue lifejackets, plus foul weather gear (if needed).
0945hrs	Slip lines and hoist sails. Sail Training Shetland committee member will give a talk during the morning sail.
1300hrs	Lunch will be supplied. Dietary requirements will be confirmed in advance. Former sail trainee will talk about their Tall Ships experience.
1700hrs	Return to berth. Tie up alongside. Trainees help clean and put the boat to bed. Final debriefs from the day with question and answer time.
1800hrs	Trainees disembark.

The Tall Ships Races 2022

Brace yourself for an invigorating voyage across the North Sea to join Race One of The Tall Ships Races sailing with the international tall ships fleet, between Esbjerg, Denmark and Harlingen, The Netherlands. There are two separate voyages on offer, both onboard *Swan*, Shetland's own sail training vessel. The second journey is a Cruise in Company between Harlingen and Antwerp, Belgium, before heading back across to the UK to Lowestoft to take part in the Excelsior Trust's Centenary Smack Race celebrations.

Here you will find a note of the available placements (dates are approximate, to include travel, embarkation, and disembarkation):

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Race One

Lerwick | Esbjerg, Denmark | Harlingen, The Netherlands

3 July to 16 July 2022

Cruise In Company

Harlingen, The Netherlands | Antwerp, Belgium | Lowestoft, UK

14 July 2022 to 2 August 2022

Travel

Successful applicants may require travel both via ferry and/or flights to meet their ship. Although it is likely trainees will be travelling as part of a small group, they will nonetheless need a degree of self-reliance during the trip. Trainees under the age of 18 years will be accompanied by a responsible adult.

There may be immigration checks during the voyages and therefore it is essential applicants have valid passport at the time of travel. Please check your passport validity prior to sending your application at:

<https://www.gov.uk/guidance/passport-rules-for-travel-to-europe>

Any bookings needed to join your ship will be arranged in advance by Sail Training Shetland and an information pack with all the voyage information will be provided to you. The costs of travel and insurance cover for your journey will also be met by Sail Training Shetland.

Additional support needs

Applications from anyone who meets the age criteria will be welcomed. Applicants will be asked for details of any additional support needs, and this will not prejudice the consideration of applications. All reasonable support will be given to aid trainees with additional support needs to take part.

It should be borne in mind however, that by its very nature, sail training can be a physically and emotionally demanding activity. Also, as the *Swan* is often accessed from ground level down a vertical pier ladder, and there are steep stairs to access the main saloon and toilets, you do need to be fit enough to descend a vertical ladder to access the boat and its facilities.

Applicants who may have difficulty with reading and writing are welcome to have their application scribed and sent by another person on their behalf.

Funding

In recognition of what has been a difficult time for young people, the cost of the Taster Day Sails will be fully funded by Sail Training Shetland.

Applicants that are successful in being selected for a Tall Ships experience will require to pay a personal contribution of up to £300.00 towards their journey and will be expected to take part with any fundraising activities organised by Sail Training Shetland. If the level of personal contribution needed is a barrier to applying for a placement, please get in touch with us so we can discuss alternative ways to support your application.

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The cost of Race Entry Fees, ship bookings plus any travel and subsistence for taking part in the Tall Ships Races will be met through fundraising, sponsorship and grant funding attracted by Sail Training Shetland, plus personal contributions made by individual trainees. Any extra or occasional personal expenses other than those set out above will be the responsibility of the trainee.

Application Process

Applicants are encouraged to put themselves forward for the Taster Day Sails onboard Swan, which is part of the selection process for deciding on successful applicants.

Online submissions are being invited via www.sailtrainingshetland.com/apply-now

Applicants under the age of 18 years old must ensure they have obtained parental/guardian consent to confirm they are happy for their child to apply for a placement.

If selected, a more detailed parental/guardian consent will be needed for successful applicants who are under the age of 18 years old, prior to placement.

The closing date for applications is **Friday 1 April 2022.**

After you have applied

Sail Training Shetland will contact you after the closing date to organise your participation in the Taster Day Sails.

Immediately after the Taster Day Sails, a decision on the placements to be offered will be made and participants will be notified in writing on the outcome of their application. The committee of Sail Training Shetland reserve the right to decide the successful applicants and any voyage they will be offered.

Soon after the return from The Tall Ships Races 2022, we will be recruiting ambassadors to help with promotions in the lead up to the return of the event at Lerwick in 2023 and we would very much encourage any successful applicants to put themselves forward for this opportunity.

Further Information

If you have any specific queries, please contact:

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