


THE TALL SHIPS RACES 2016

CADIZ TO LA CORUNA, SPAIN



"it was incredible to meet so many new wonderful people and learn about so many different cultures"

"I learned that sometimes you just need to push yourself to do things that you thought you'd never be able to do in a million years."

"Being completely disconnected with the outside world, just sailing on never ending sea, with not one speck of land in sight, I have never felt so free in my life."

"I learned to never give up"

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"As white watch we got to spend time together and work the ropes on board the ship, plus climb the rigging, which was scary yet satisfyingly breathtaking."

**Incredible, Challenging,
Beautiful, Life-changing**

"I learned that sometimes you just need to push yourself to do things that you thought you'd never be able to do in a million years."

It is an indescribably amazing experience

"I learned that I'm capable of things if I just push myself beyond my limits and I have to stop doubting myself.. I think this quote sums up this trip... 'Either push your limits or suffocate in your comfort zone' "

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