2019 Feedback 2 "I think Tve got a lot of confidence back "The night watches were difficult, especially through the Skagerrak

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with the strong waves and winds. Made sailing more than challenging

and often I found myself holding onto the Halyard just so I didn't lose my

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and learned that nobody can stop you if you put your mind to something and give it balance over a wave. But the experience has certainly 'toughened' me up, I'll meet a challenge and just think back to sailing on the Swan and decide "Well it can't be as hard as that" and just get on with it, it has put a lot into perspective for me and I'm hugely thankful for the "The sun was out, the scenery was fantastic and everyone was in a great mood. I wonder if life will ever again feel so good."

"When I looked up at the rigging I thought to myself there is no chance that I am going up. But after I saw some other people giving it a shot I tried and it was definitely worth it! The view was so nice and I learned that some things are worth a shot and something good might come out of it."

training,



"They have had THE most amazing time on the Swan and we cannot thank you enough for providing such an amazing opportunity and experience for these young adults. My child came home feeling 2 inches taller - and it was growth in their confidence!! Amazing!"

"My child has had the ultimate of experiences, made new friends, is glowing with new found confidence and learnt some valuable life skills. It was everything they wanted it to be and has helped them focus on their goals for the year ahead. The experience has been worth its weight

in gold!"