## 2022 SCHEME FEEDBACK

'All of the sailing was so memorable and just the most amazing experience, you feel very proud of you and your team's abilities'.

## 'THE MOST BRILLIANT, UNIQUE EXPERIENCE EVER!'.

'l gained so many new friends and have returned from the trip close to so many people - it's an amazing friendship you can't really describe!'.

'I honestly felt so much peace. Before / left / was constantly worrying about matters that seem so much less important now. As the sunrises, you are sailing in the middle of the North Sea with your friends without any worries about life at home. No worries about working, university, social issues. Just genuine happiness and love, the most heart-warming experience which I will always look back on with utter joy'. 'HAPPINESS, SO MUCH HAPPINESS. YOU DON'T JUST LEARN HOW TO SAIL, YOU LEARN SO MUCH EVEN ABOUT YOURSELF'.

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## 'BEST.EXPERIENCE.EVER'.

'We left Lerwick as complete strangers and we came back as a tightknit team'.

'IT PUSHED ME OUT OF MY COMFORT-ZONE AND MADE ME REALISE I CAN ACHIEVE NEW THINGS EVEN IF THEY ARE SCARY TO BEGIN WITH'.

For more information visit: WWW.SAILTRAININGSHETLAND.COM